

# MEMORANDUM OF UNDERSTANDING

ON COOPERATION IN FITNESS, HEALTH & WELLNESS

BETWEEN

KWT'S GOKHALE CENTENARY COLLEGE, ANKOLA

&

NAMITA'S FEMME FITNESS, KARWAR

Recognizing the benefits of Fitness and Health in the present days, KWT'S GOKHALE CENTENARY COLLEGE, and NAMITA'S FEMME FITNESS, KARWAR inspired by the desire to promote Fitness and Health among our students, staff and society, have now reached the following understanding:

## **Article 1: General Objective**

This Memorandum of Understanding shall provide the framework within which detailed proposals for programmes of cooperation between the Parties in the fields of Fitness, Health and Wellness and its promotion are to be jointly considered on the basis of reciprocity and mutual benefit. The parties shall endeavor to encourage and facilitate, as appropriate, the advancement of linkages and cooperation between and through the agencies that pertain to the fields of Fitness, Health and Wellness and shall endeavor to conclude such arrangements, for the conducting of cooperative activities and programmes in these fields.



## **Article 2: Fields of Cooperation**

In order to achieve the objectives of the MOU, in the field of Fitness, Health and Wellness, without limitation, the Parties shall encourage and promote exchange of programme, experiences, skills, techniques, information and knowledge, in the following matters;

- (a) Training of students and staff
- (b) Exchange programmes and visits of fitness professionals, Health administrators & professionals.
- (c) Training, exchange and attachment programmes for sports sciences personnel and other development assistance in sports sciences,
- (d) Organizing workshops, talks and events connected with Fitness, Health and Wellness.
- (e) Any other fields or subjects as deemed fit and necessary for the mutual benefit of the Parties, within the framework provided under this Memorandum of Understanding.

## **Article 3: Forms of Cooperation**

Cooperation under this Memorandum of Understanding shall include, without limitation, the following:

- (a) Exchange of experts and students in the areas of fitness and health

- (b) Exchange of teaching and curriculum materials on Fitness and Health, collaboration on curriculum development, joint development and publication of materials of the same
- (c) Exchange of information on Fitness, Health and Wellness training programs and systems, including information on Fitness and Health education qualifications and employment requirements
- (d) Deputation of students for a period of 10 days to get acquainted with the Fitness sector and related certification programmes
- (e) Participation in events, fests and other activities
- (f) Interaction through meetings, conferences and symposia.

#### **Article 4: Funding**

All cooperative activities and programmes under this Memorandum of Understanding shall be subject to the availability of funds and resources of the Parties. Unless otherwise agreed, the visiting party shall bear its own travel expenses and the host party shall provide local transportation, lodging and boarding, in connection with all forms of corporation, as mentioned under Article 3 above. If such is, however, in the interest of only one Party, and has been implemented at its own initiation, such Party alone shall bear the entire expenses. Services and materials provided in addition to those in relation to mutually determined cooperative activities will be done so on a cost recovery basis.

## **Article 5: Implementation**

The parties will make arrangements for the implementation and development of specific programmes under this Memorandum of Understanding through meetings, exchanges of letters or other instruments. Each party will be responsible for coordinating the implementation of its side of plans/programmes. Such specific arrangements will cover the subject of cooperation, procedures, treatment of intellectual property, funding and other appropriate matters.

## **Article 6: Amendments**

This Memorandum of Understanding may be amended by mutual consent in writing between the parties.

## **Article 7: Settlement of Disputes**

Any dispute between the two parties arising out of the interpretation or implementation of this Memorandum of Understanding will be settled amicably by mutual consultation and negotiation.

## **Article 8: Effect and Termination**

This Memorandum of Understanding will come into effect on the date of its signing. It will remain in effect for a period of three years. Upon its expiry, the Memorandum of Understanding may be renewed for successive periods of five (5) years by mutual consent. The Memorandum of Understanding may be terminated by



either party by giving six months written notice to the other party. If this Memorandum of Understanding is terminated, any arrangements concluded under it will, subject to the mutual determination of both the Parties, remain effective until any activities pursuant to such arrangements have been carried out to their completion.

In witness whereof, the undersigned being duly authorised by their respective parties have signed the agreement. Signed at Ankola on the Sixth day of September 2019.

For KWT'S GOKHALE CENTENARY COLLEGE

ANKOLA

For NAMITA'S FEMME FITNESS

KARWAR

*B.V. Shettigar*

Dr. B. V. SHETTIGAR

PRINCIPAL

Principal

Gokhale Centenary College  
Ankola (U.K.) 581 117

*Namita R Sarang*

Mrs. NAMITA R SARANG

FITNESS EXPERT

Namita's Femme Fitness  
Karwar - 01

